

herefore let us pray, beloved Brethren, as God our Teacher has taught us. It is a trusting and intimate prayer to beseech God with his own word, to raise to his ears the prayer of Christ. Let the Father acknowledge the words of his Son when we pray, and let him also who dwells within our breast himself dwell in our voice.... "But let our speech and petition when we pray be under discipline, observing quietness and modesty. Let us consider that we are standing in God's sight. We must please the divine eyes both with the position of the body and with the measure of voice.... Moreover, when we meet together with the brethren in one place, and celebrate divine sacrifices with God's priest, we ought to be mindful of modesty and discipline - not to throw abroad our prayers indiscriminately, with unsubdued voices, nor to cast to God with tumultuous wordiness a petition that ought to be commended to God by modesty; for God is the hearer, not of the voice, but of the heart.

Saint Cyprian