

To us

*Christ*

is all!

If you have a wound to heal,  
he is the doctor;  
if you are parched by fever,  
he is the spring;  
if you are oppressed by injustice,  
he is justice;  
if you are in need of help,  
he is strength;  
if you fear death,  
he is life;  
if you desire Heaven,  
he is the way;  
if you are in the darkness,  
he is light....  
Taste and see  
how good is the Lord:  
blessed is the man  
who hopes in him!

*Saint Ambrose*