

# Goodness always tends

# *to spread*

**E**very authentic experience of truth and goodness seeks by its very nature to grow within us, and any person who has experienced a profound liberation becomes more sensitive to the needs of others.

As it expands,  
goodness takes root and develops.

If we wish  
to lead a dignified and fulfilling life,  
we have to reach out  
to others and seek their good.

In this regard, several sayings  
of Saint Paul will not surprise us:

**“The love of Christ urges us on”**

(2 Cor 5:14);

**“Woe to me if I do not proclaim  
the Gospel”** (1 Cor 9:16).

Evangelii Gaudium, 9

