



First Sunday of Lent

The adoration

The Lenten season is always a time of special grace and in this *Year of Faith* we are invited to make the most of this journey by rediscovering the signs of faith that at times acquire a layer of dust as a result of our daily routines.

LENTEN ITINERARY 2013

Signs of Faith

1st Sunday Adoration

«Worship the Lord your God and serve only him.»
(Lk. 4:8)

2nd Sunday Listening

«This is my Son, the Chosen One. Listen to him.»
(Lk. 9:35)

3rd Sunday Conversion

«Unless you repent, you will all perish as they did.»
(Lk. 13:3)

4th Sunday Welcome

«Your brother was dead and has come to life again; he was lost and has been found.»
(Lk. 15:32)

5th Sunday Newness of Life

«Neither do I condemn you. Go your way, and from now on do not sin again.»
(Jn. 8:11)

The first attitude that can help us grow in our relationship with the Lord is that of *adoration*, which readies us to embrace the will of God and live it in our daily life.

“Worship the Lord your God and serve only him” (Lk. 4:8). Jesus teaches us that this attitude permits us to live in genuine freedom from all forms of slavery and to overcome every temptation so as to give our heart to the Lord of life.

To adore God means to direct our heart, mind and will to him alone. Adoration enables us to use our time wisely; to rejoice in our relations with others; to build our life on the Rock of Christ. To adore God means to give meaning to our life and to be ready to give an account of our faith at every moment.

It is necessary to recapture the wisdom of living our faith so as to communicate it today—a time in which society lacks a unitary cultural matrix and many people no longer make reference to the content of faith and the values inspired by it due to a profound crisis of faith (cf. *Porta Fidei* 2). The baptized have the responsibility to help people today get to know and welcome God into their lives.

Our times need credible and joyous adorers of God, who, nourished by the Word, proclaim with their lives that it is beautiful and possible to believe in him.

Prayer *Lord of Life,
All things bear within themselves
the sign of your presence,
but it is above all the human being
that you have stamped with your love.*

*You have given us your life
so that we can learn to give it back
to you as a living sacrifice,
and to our brothers and sisters
through a service of love and truth.*

*Transform us into true adorers
of the Father.
Teach us to live wisely and freely,
to weave relationships marked
by simplicity and solidarity,
and to render you visible by means
of a life that witnesses
to the fact that you give joy
and meaning to everything.*



*Give us your Spirit
so that in the school of your Word
we can teach our heart, mind and will
to live for you and in you,
making it possible for us
to savor your sweet friendship
and worship you with
our entire being. Amen.*

Fr. Renato D’Auria