

ADVENT, A TIME TO SAY YES

- 1st Sunday:
Seek to understand
- 2nd Sunday:
Prepare the home
- 3rd Sunday:
Courage, do not fear!
- 4th Sunday:
Let yourself be de-stabilized



1st Sunday

Seek to understand

**«The night is far spent, the day is near.
Therefore, be ready because
the Son of man is coming.»**

(From the liturgy of the First Sunday of Advent)

Be watchful! But not like those whose eyes are opened wide in terror; we are not waiting for cataclysms. And not even like those who fight sleep waiting for a dawn still far away.

Be watchful as those who scrutinize and pierce into the horizon to see what is ahead them, seeking to understand, going beyond the night, beyond that thick fog of uncertainty, beyond the shortness of breath that comes from fear.

Be watchful without stirring, because there is no night that does not prefigure a new day. Be watchful with eyes wide open, clear, and transparent. Train yourselves to look at the invisible. Force yourselves to give life to a new day, because his dawn will shine forth from your hearts, and will develop in long-term and conscious choices.

Seek to understand and comprehend every moment of this life, because it is into this life that the Savior is born. It is from this soil that the awaited of the people springs forth. It is in this present history, made of tears and prayers, broken dreams and hope, that the God-always-with-us will be born as a man.

ATTITUDE FOR THIS WEEK

Seek to understand what you are living through, by trying to give meaning to every action, to choose knowingly, aware of having to wait for the Lord of light, ready and solicitous to do all the good possible.

Seek to understand, to sow hope in pain, to shine forth the light in the night, to become the hands of God in this present history...to wait not for the beyond, but begin right now!

PRAYER FOR THE WEEK

**The night awakens us, Lord! It is not yet daylight.
The night knocks at our faith and asks for light,
It awakens us from tranquil sleep and asks for seeds of hope.
The night is far spent and the day is near.
Time is gone and we can no longer wait.
The light is ready to shine forth,
The seed is ready to blossom,
The water of life is ready to spring forth.
Come, Lord: we want the light.
Come into this night and illumine it.
Come into our every anguish and embrace it.
Come, live in us, so that the world will live in you. Amen.**