



LORD  
MAKE US INSTRUMENTS  
OF YOUR  
PEACE

Help us to recognize the evil latent  
in a communication that does not build communion.  
Help us to remove the venom from our judgements.  
Help us to speak about others as our brothers and sisters.  
You are faithful and trustworthy;  
may our words be seeds of goodness for the world:  
where there is shouting, let us practise listening;  
where there is confusion, let us inspire harmony;  
where there is ambiguity, let us bring clarity;  
where there is exclusion, let us offer solidarity;  
where there is sensationalism, let us use sobriety;  
where there is superficiality, let us raise real questions;  
where there is prejudice, let us awaken trust;  
where there is hostility, let us bring respect;  
where there is falsehood, let us bring truth.  
Amen.

Pope Francis