



The Mystery of the Trinity

But the mystery of the Trinity also speaks to us of ourselves, of our relationship with the Father, the Son and the Holy Spirit. In fact, through baptism, the Holy Spirit has placed us in the heart and the very life of God, who is a communion of love. God is a “family” of three Persons who love each other so much as to form a single whole. This “divine family” is not closed in on itself, but is open. It communicates itself in creation and in history and has entered into the world of men to call everyone to form part of it. The trinitarian horizon of communion surrounds all of us and stimulates us to live in love and fraternal sharing, certain that where there is love, there is God.

The Feast of the Most Holy Trinity invites us to commit ourselves in daily events to being leaven of communion, consolation and mercy. In this mission, we are sustained by the strength that the Holy Spirit gives us: he takes care of the flesh of humanity, wounded by injustice, oppression, hate and avarice.

The Virgin Mary, in her humility, welcomed the Father’s will and conceived the Son by the Holy Spirit. May she, Mirror of the Trinity, help us to strengthen our faith in the trinitarian mystery and to translate it in to action with choices and attitudes of love and unity.

Pope Francis